

December 2018

CARA

Children At Risk In Asia



CARA is a UK-based charity no. 1165824 that supports Children At Risk in Asia by providing financial and in-kind support directly to local organisations in the field. We are:

- Non-political
- Non-religious

Strongly committed to the best interests of the child and the UN CRC

Christmas appeal

Double your donations

Twice the impact for children until 4th December



This Christmas we are taking part in **The Big Give Christmas Challenge** in collaboration with **Heal Kids** a UK charity with similar aims to CARA.

Click [here](#)

to double your Christmas donation, only until December 4th



Education Programme supports even more children this year
Over a 100 children supported through our partner One Sky!

One Sky Scholarship Students 2018/19



Because of **One Sky's** support
these **113** students can go to school

The Family Support and Child Advocacy Centre (FSCAC)

CARA has long supported the family support role of One Sky and is now pleased to report the Family Support and Child Advocacy Centre is now operational under the guidance of a volunteer American psychologist who is training the One Sky staff.



The FSCAC provides the One Sky team with a wonderful, safe and confidential space to provide psychosocial support to children and families. This is a ground breaking project and is the only such centre in a province of almost 1 million people. The centre is also available for short term emergency shelter and has already been able to provide safety for three families in crisis.



CARA trustees Colin and Jan were in Thailand in November and Colin spent a memorable day with the One Sky team in Bangkok.

Khoa San Road is a famous landmark for travellers and One Sky went there to share information and raise awareness about the dangers of volunteering in Thailand's numerous illegal private children's homes.



There are an estimated 600+ illegal private children's homes in Thailand. One Sky's research has shown that 90% of children in children's homes have at least one living parent. Many of these families just need a little help.

Describing these children as orphans, many private children's homes are able to attract overseas volunteers, often gap year students from Europe and the US. Volunteers often pay for the experience of helping out at an orphanage. The result is that both volunteers and children at the home are being exploited. To learn more about this issue please visit:

<http://loveyougive.org/>

The Border Health Initiative (BHI)

BHI reach some of the most isolated areas of Myanmar and CARA's grant this year had enabled them to help 40 families in crisis. Support includes food, medical costs, housing repairs and help to keep children in school.

We continue to be amazed by how much this small dedicated organisation can achieve with so little and in some of the most challenging circumstances.



Why we do what we do

It is our privilege to have met so many inspiring children whose resilience has taught us humility and whose strength has given us the drive to keep working to raise funds through CARA.



Aun (name changed) suffered extensive burns when her mosquito net caught fire and fell on her. For several years she lived with her chin fused to her chest and her right elbow joint unable to open.

Thanks to One Sky's support Aun has been able to take advantage of annual visits from a German plastic surgery team for several years now.

The results have been life changing. Each time Aun has experienced severe pain and infection following her surgery but she is always beaming her smile onto everyone around her.

It is your support that is helping children like Aun.

Thank you!