

CARA is a UK-based charity no. 1165824 that supports children in Asia by providing financial and in-kind support directly to local organisations in the field.

We are:

- Non-political
- Non-religious
- Strongly committed to the best interests of the child and the UNCRC.

www.carauk.org

Newsletter June 2025

CARA annual Garden Party 29th June 2pm to 5pm 10 Greystoke Close, HP4 3JJ



We look forward to welcoming many of our wonderful supporters to another CARA garden party on Sunday 29th June. Gentle Jazz have kindly agreed to play for us again Come and enjoy Pimm's, cakes and teas.

Othe CARA events this summer Saturday 21st and 19th July: market stall in Berkhamsted high street selling craft goods from Myanmar

Why we do what we do



Thailand's Social Services and Child Protection system is under resourced, inconsistent and widely ineffective, leaving marginalised children at risk of family separation, abuse and trafficking.

Thailand is home to an estimated 4 million migrants including 300,000 to 400,000 children. Many are undocumented and live unstable and challenging lives.

A further 4 million people in Thailand are from ethnic minority groups. In the north these groups are collectively known as Hilltribes and many live in remote mountain areas. Hilltribe children face challenges with language barriers, discrimination and issues with citizenship.

These two groups of children are massively overrepresented among the 135,000 children living in institutional care in Thailand. Most children are separated from their families because of poverty, a violation of their rights to family.

25% of all children in Thailand don't live with their biological parents, instead living in kinship care, usually with grandparents. Of these 3 million children, 37% are in the poorest quintile of the population. Children previously in Kinship care are also overrepresented in institutional care facilities.

We can't solve every problem in the world, especially in the areas caught up in conflict and war. But CARA's unique relationship with One Sky Foundation in Thailand means that your money goes directly to the efforts being made to improve the lives of some of the most disadvantaged children in SE Asia.

If you would like to support our cause you can donate using this link www.carauk.org/donate

Remember you can donate for free when shopping online by going to www.easyfundraising.org.uk

Our Support in 2025

In March CARA trustees agreed to donate £28,424 to One Sky made up of £14,424 for education support, £14,000 for foster care and £4,000 for essential overheads. We are grateful for your support in making this possible and proud to be able to help many children, but we still need to do more. Over 200 children are being helped to stay in education this year and One Sky now coordinates 12 foster families that have been able to give the love and care needed by over 50 young children in desperate situations over the last 4 years. We can't help every child, but your support is making a life changing difference for these children. Thank you.



Regular donations are very valuable

If you would like to make regular payments you can set up a direct debit to CARA's bank account. Contact us for details

Contact: Colin Lillicrap

Colin.lillicrap@btinternet.com

Tel: 01442 873439

