

CARA

Children At Risk In Asia



CARA is a UK-based charity no. 1165824 that supports children in Asia by providing financial and in-kind support directly to local organisations in the field.

We are:

- Non-political
- Non-religious
- Strongly committed to the best interests of the child and the UNCRC.

Newsletter

We look forward to welcoming many of our wonderful supporters to our CARA garden party on 2nd July

Gentle Jazz have kindly agreed to play for us again

Come and enjoy Pimms,



cakes and teas.



If you would like to support our cause you can donate using this link www.carauk.org/donate

Remember you can donate for free when shopping online by going to

www.easyfundraising.org.uk

CARA's Garden Party 2nd July
2:00 to 5:00 pm



Regular Donations are very valuable. If you would like to make regular donations, you can set up a direct debit made payable to CARA's bank account at HSBC. Contact us for the account details.

Other CARA events this summer

Saturday 29 July: Market stall Berkhamsted High Street selling craft goods from Myanmar.

More children receiving support to attend school

Budget for 2023/24 school year

During March and April the One Sky team have assessed families needs for support and allocated 252 bursaries to provide transport to school and pay for school lunches. 59 children have received school uniforms and one-off school fees. The increased numbers needing support, due in part to the impact of COVID 19 has had on these poor families, coupled with inflation, has pushed the budget for the 2023/24 school year to over £50,000. One Sky has requested £24,000 from CARA which is about the maximum we normally manage to raise . The Pan Asia Women's Association (PAWA) are contributing £15,800 but this is restricted to supporting girls only. This leaves a shortfall for the year. If anyone has ideas for raising funds please get in touch

Once a child has been accepted onto the education support programme CARA has always managed to continue that support for as long as necessary or until the child graduates from high school. Our meetings last December with some of the year 9 to 12 students shows how important this is. They have overcome many barriers and difficulties to continue their education and have developed a positive attitude and have ambitions. **We must not disappoint them.**

Your continued donations will make a real difference to these children's lives and opportunities.

One Sky visits a local school



One Sky celebrates 10 years in Sangkhlaburi

During the ten years One Sky has been operating in Sangkhlaburi it has improved the lives and opportunities of many hundreds of children while being very influential in the local community. Over many years One Sky has made recommendation to the head of the Sangkhlaburi district to set up a local Child Protection Working Group (CPWG). This is now established and chaired by the head of the district and brings together One Sky, police, hospitals, school directors and village leaders. The CPWG now formalizes the response that can be made to cases of child abuse. Two complaints were successfully upheld in 2022.

Alternative care

One Sky has also been successful in arranging alternatives to children going into children’s homes through their fostering and kinship programme. Most children who need to be separated from their families and taken into care end up in unregulated children’s homes. One mother, who has fostered two children with support from One Sky, believes a foster home is a much better alternative. She has seen the quality growth of her foster children giving them a much better future.

Under their Kinship programme, One Sky has also arranged for children to live with a suitable relative if necessary.



CPWG meeting

Foster family



Education support in 2022

In the aftermath of the covid pandemic One Sky identified 351 children in need of support at the start of the year. 57 received support with the mandatory uniforms and one off payments for school trips. In spite of One Sky's best efforts 29 children dropped out of school leaving 242 provided with bursaries to cover transport to school and school lunches.



Transport to school

One Sky's welfare work

Donations to One Sky made through CARA go mainly towards education support but One Sky's main work is family support and welfare. One Sky provided family support to 279 families with 717 children in 2022. 94 families involving 311 children received monthly food drops of rice, cooking oil and eggs. 119 underweight children also received regular milk.



Making a food delivery to a remote home

A small number of families, mainly single parent families, receive cash support in the form of rent, house repairs and health insurance. However, One Sky policy is to help families to support themselves when possible. They operate two income generation projects. A group of mainly single mothers has been involved in traditional grass broom making for a number of years but this is a very competitive market. More recently One Sky have set up an income generation project through a Chiang Mai company called Bee Conscious to make high quality Loofah sponges. The company markets the Loofah sponges worldwide and have placed an order for 10,000 per year and expect this to grow.



Supported children receiving milk

The Loofahs will be available on our stall in Berkhamsted High Street on 29 July.



Income generation project – making Loofah sponges

Thank you for your continued support
We hope to see you at the garden party on 2nd July
or at the market stall on 29th July.