

Dear Friends

On November 2nd last year I set out to run the distance of 50 marathons in my 50th year with the hope of raising funds to support 50 children to stay in education for a year. I drew inspiration from the resilience of these children and wanted to explore my own resilience. I have certainly done that and have reached the halfway point! Thanks for the interest, messages of encouragement and support to my fundraising goal, it has all helped to keep me running!

Six months in and 101 runs completed, taking 107 hours and covering 692 miles out of my 12-month target of 1310. February was tough and I had to squeeze in some very tired runs as we moved house. April has been super-hot and humid, enough to make anyone tired and grumpy. Running 119 miles in the heat probably tested the resilience of those around me, as much as my own! I have had great support and patience from Aof, Evie and Rowan without which I couldn't keep doing four long runs every week.

I am very grateful for the support so far and hoping that reaching the halfway point might inspire some additional support to bring the funds raised to the halfway point too!

If you would like to support me with my goal to help 50 high school children, then you can do so here:

<https://donorbox.org/50x50x50>

And if you would like to follow my running more closely you can see all my runs on strava:

<https://www.strava.com/athletes/1836988>

Expect to hear from me again in six months! (But feel free to let me know if you would prefer not to).

Andy